

Health and Wisdom Inc.



TINCTURES SUGGESTED FOR STORAGE

TINCTURE OF CAYENNE

This tincture heals wounds, cuts through mucus, good for sore throats, and tonsillitis; milder solutions can be used in the nose, eyes, and ears for cleaning up microscopic "lounge lizards" in infections. Has been successfully used for resuscitation of newborn infants; a few drops administered orally. The best and safest stimulant known to man.

TINCTURE OF LOBELIA

It is made with apple cider vinegar instead of alcohol. Lobelia lends its properties better to apple cider vinegar. It is good to remove obstructions from any part of the body. Emetic. Neutralizes vaccines, treats lockjaw and tetanus. Also useful in mononucleosis. Wonderful in labor and childbirth. Especially good for lung ailments where phlegm is present.

ANTISPASMODIC TINCTURE

Consists of skullcap herb, lobelia, cayenne, valerian root, skunk cabbage, myrrh gum and black cohosh. It is to be used in cases of convulsions, fainting, cramps, D.T.'s, hysteria, also good for cases of pyorrhea, mouth sores, coughs throat infections, tonsillitis.

TINCTURE OF CATNIP AND FENNEL

A wonderful tincture to stop colic in infants and young children. We have seen this herb miraculously soothe a howling, screaming infant who is in agony from a digestive upset, or a trapped gas bubble in the intestine. Also good for nervous upsets in children. We have used a few drops on the tongue or in a baby bottle with warm water and a little honey.

EAR & NERVE TINCTURE

Consists of black cohosh, blue cohosh, blue vervain, skullcap and lobelia. Helps in cases of motor nerve injury, epilepsy, hearing loss, warts and tonsillitis.